

What Should I Do if My Child is Sick?



UNCHANGED INFORMATION

Students should stay home from school if they are sick, no matter how mild the symptoms. If your child comes to school with any COVID-19 symptoms, the school will immediately isolate the student and call parents to pick them up.

If students have one symptom from the Column A or two from Column B, they should immediately get tested for COVID-19.

Column A

Do you have a new onset, or worsening, of any **ONE** of the following symptoms?

- Fever > 38°C or think you have a fever or chills
- Cough
- Sore throat/hoarse voice
- Shortness of breath/breathing difficulties
- Loss of taste or smell
- Vomiting or diarrhea for more than 24 hours

Column B

Do you have a new onset, or worsening, of any **TWO** of the following symptoms?

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis (pink eye)
- Headache
- Skin rash of unknown cause
- Nausea or loss of appetite
- Poor feeding (if an infant)

When Can My Child Return to School?

If your child gets tested for COVID-19 and is:



Negative: They can return to school after 24 hours of being symptom-free.



Positive: Public Health will provide guidance regarding what is required before your child can return to school.

NEW INFORMATION

If your child is sick and you decide not to get tested for COVID-19, the student must self-isolate—for 5 days from symptom onset if fully vaccinated or 10 days if not fully vaccinated—plus 24 hours of being symptom-free before returning to school.